

# Statistics for Porn Viewership and Porn Addiction

- 2006 Worldwide Pornography Revenues ballooned to \$97.06 billion.  
Source: <http://www.enough.org/inside.php?id=3K03RC4L00>
- One male pornographic performer, Rocco (600 films and 3,000 women), said: “Every professional in the porn-world has herpes, male or female.”  
Source: Shelley Lubben, “Ex-porn star tells the truth about the porn industry,” *Breaking Free*, Oct. 28, 2008.  
<http://www.covenanteyes.com/2008/10/28/ex-porn-star-tells-the-truth-about-the-porn-industry> (accessed Dec. 27, 2012).
- Porn actress Erin Moore admitted, “the drugs we binged on were Ecstasy, Cocaine, Marijuana, Xanax, Valium, Vicodin and alcohol.”  
Source: Shelley Lubben, “Ex-porn star tells the truth about the porn industry,” *Breaking Free*, Oct. 28, 2008.  
<http://www.covenanteyes.com/2008/10/28/ex-porn-star-tells-the-truth-about-the-porn-industry> (accessed Dec. 27, 2012).
- Tanya Burlison, formerly known as Jersey Jaxin, said, “Guys are punching you in the face. You get ripped. Your insides can come out of you. It’s never ending. You’re viewed as an object — not as a human with a spirit. People do drugs because they can’t deal with the way they’re being treated.”  
Source: Shelley Lubben, “Ex-porn star tells the truth about the porn industry,” *Breaking Free*, Oct. 28, 2008.  
<http://www.covenanteyes.com/2008/10/28/ex-porn-star-tells-the-truth-about-the-porn-industry> (accessed Dec. 27, 2012).
- The following percentages of men say they view pornography at least several times a week: 18-30-year-olds, 63%; 31-49-year-olds, 38%; 50-68-year-olds, 25%  
Source: 2014 Pornography Survey and Statistics. Proven Men Ministries.  
<http://www.provenmen.org/2014pornsurvey/> (accessed Dec. 29, 2014).
- The following percentages of women say they view pornography at least once a month: 18-30-year-olds, 76%; 31-49-year-olds, 16%; 50-68-year-olds, 4%  
Source: 2014 Pornography Survey and Statistics. Proven Men Ministries.  
<http://www.provenmen.org/2014pornsurvey/> (accessed Dec. 29, 2014).
- Quote - “I have also seen in my clinical experience that pornography damages the sexual performance of the viewers. Pornography viewers tend to have problems with premature ejaculation and erectile dysfunction. Having spent so much time in unnatural sexual experiences with paper, celluloid and cyberspace, they seem to find it difficult to have sex with a real human being. Pornography is raising their expectation and demand for types and amounts of sexual experiences; at the same time it is reducing their ability to experience sex.” – Dr. MaryAnne Layden  
Source: Reisman, Sanitover, Layden, and Weaver, “Hearing.”

- According to sociologist Jill Manning, the research indicates pornography consumption is associated with the following six trends, among others:
  - 1. Increased marital distress, and risk of separation and divorce
  - 2. Decreased marital intimacy and sexual satisfaction
  - 3. Infidelity
  - 4. Increased appetite for more graphic types of pornography and sexual activity associated with abusive, illegal or unsafe practices
  - 5. Devaluation of monogamy, marriage and child rearing
  - 6. An increasing number of people struggling with compulsive and addictive sexual behaviour

Source: Jill Manning, "Hearing on pornography's impact on marriage & the family," U.S. Senate Hearing: Subcommittee on the Constitution, Civil Rights and Property Rights, Committee on Judiciary, Nov. 10, 2005. [http://www.judiciary.senate.gov/hearings/testimony.cfm?id=e655f9e2809e5476862f735da10c87dc&wit\\_id=e655f9e2809e5476862f735da10c87dc-1-3](http://www.judiciary.senate.gov/hearings/testimony.cfm?id=e655f9e2809e5476862f735da10c87dc&wit_id=e655f9e2809e5476862f735da10c87dc-1-3) (accessed Dec. 27, 2012).

- Quote - "Research reveals many systemic effects of Internet pornography that are undermining an already vulnerable culture of marriage and family. Even more disturbing is the fact that the first Internet generations have not reached full-maturity, so the upper-limits of this impact have yet to be realized" – Jill Manning, Sociologist  
Source: Manning, "Hearing."

- In a 2007 University of Alberta study, 429 students ages 13 and 14 from 17 schools across Alberta, Canada, were surveyed about how often they accessed sexually explicit media content:
  - 90% of boys and 70% of girls reported accessing sexually explicit media on at least one occasion.
  - 35% of boys said they had viewed pornographic videos "too many times to count."

Source: Bev Betkowski, "1 in 3 boys heavy porn users, study shows," EurekaAlert.org, Feb. 23, 2007. [http://www.eurekaalert.org/pub\\_releases/2007-02/ua-oit022307.php](http://www.eurekaalert.org/pub_releases/2007-02/ua-oit022307.php) (accessed Dec. 9, 2013).

- In 2008, more than 560 college student responded to an online survey:
  - 93% of boys and 62% of girls were exposed to pornography before 18.
  - 14% of boys and 9% of girls were exposed to pornography before 13.
  - 69% of boys and 23% of girls have spent at least 30 consecutive minutes viewing Internet pornography on at least one occasion. 63% of boys have done so more than once, and 35% of boys have done so on more than 10 occasions.
  - 83% of boys and 57% of girls have seen group sex online.
  - 69% of boys and 55% of girls have seen same-sex intercourse online.
  - 39% of boys and 23% of girls have seen sexual bondage online.
  - 32% of boys and 18% of girls have seen bestiality online.
  - 18% of boys and 10% of girls have seen rape or sexual violence online.
  - 15% of boys and 9% of girls have seen child pornography.

Source: Chiara Sabina, Janis Wolak, and David Finkelhor, "The nature and dynamics of Internet pornography exposure for youth," *CyberPsychology and Behavior* 11 (2008): 691-693.

- Child pornography is one of the fastest growing businesses online, and the content is becoming much worse. In 2008, Internet Watch Foundation found 1,536 individual child abuse domains.  
Resource: [Internet Watch Foundation. Annual Report, 2008.](#)
- Child pornography has become a \$3 billion annual industry  
Resource: [Top Ten Reviews, 2005.](#)
- In 2010, 14-16-year-olds from a north London secondary school were surveyed. They found:
  - Nearly a third looked at sexual images online when they were 10 years old or younger.
  - 81% look at porn online at home.
  - 75% said their parents had never discussed Internet pornography with them.
 “Put porn in its place,” *Psychologies*, Aug 2010.  
<http://www.psychologies.co.uk/put-porn-in-its-place> (accessed Dec. 27, 2012).
- When a child or adolescent is directly exposed to pornography the following effects have been documented:
  - Lasting negative or traumatic emotional responses.
  - Earlier onset of first sexual intercourse, thereby increasing the risk of STDs over the lifespan.
  - The belief that superior sexual satisfaction is attainable without having affection for one’s partner, thereby reinforcing the commoditization of sex and the objectification of humans.
  - The belief that being married or having a family are unattractive prospects.
  - Increased risk for developing sexual compulsions and addictive behavior.
  - Increased risk of exposure to incorrect information about human sexuality long before a minor is able to contextualize this information in ways an adult brain could.
  - Overestimating the prevalence of less common practices (e.g., group sex, bestiality, or sadomasochistic activity).
 Source: [Manning, “Hearing.”](#)
- Quote by researcher and Dr. Jeffrey Satinover - “[M]odern science allows us to understand that the underlying nature of an addiction to pornography is chemically nearly identical to a heroin addiction.”  
Source: [Reisman, Sanitover, Layden, and Weaver, “Hearing.”](#)
- In a meta-analysis of 46 studies published from 1962 to 1995, comprising a total sample of 12,323 people, researchers concluded pornographic material puts one at increased risk of:
  - developing sexually deviant tendencies (31% increase in risk)
  - committing sexual offenses
  - (22% increase in risk) accepting rape myths (31% increase in risk)
 Source: [Manning, “Hearing.”](#)